



Volume 1, Issue III  
Newsletter Date  
January-June 2015

## 2015 CALENDAR

July 24,  
Graduation

July 29,  
Reentry Coalition  
Meeting

August 17-18  
Seeking Safety Training

September 14-17  
MRT

October 5,  
Coordinator Training

October 5-7  
CBI Training

October 19-23  
**MANDATORY**  
Felony / MH Training

November 9-10  
Veteran's Mentor Boot  
Camp

## 2016 CALENDAR

March 21-22  
**MANDATORY** Felony

March 28, 2016  
Effective Drug Testing

April 18-19, 2016  
Motivational  
Interviewing

April 25, 2016  
Treating and Supervising  
Meth Addicts

# Towaliga Accountability Courts, Inc. (TAC)

130 Library Street, Barnesville, GA 30204 770-358-5029

## Judge William A. Fears, Superior Court

Healing Individuals    Healing Families    Healing Communities

Patricia Gavel, Executive Director [pgavel@tacourts.com](mailto:pgavel@tacourts.com)

## Graduation

Elmo Remick, Public Defender for Towaliga Judicial Circuit spoke at the *31st Graduation* held on January 16, 2015. Regina Longmire a resident from Butts County graduated.



*32nd Graduation* was May 8, 2015. Dr. Will Simmons, 6th District Court Administrator spoke at the graduation.

Six Participants Graduated:

Austin Anderson  
Tyler Horton  
Noelle Nordan  
Contrina Wilson  
Andrickes Roussaw  
Theresa Talmadge



# Veterans Training

The Towaliga Accountability Courts Program (TAC) sent 8 team members to the Veteran's Treatment Court training in Peachtree City, Georgia. Those in attendance included, Judge William Fears, Melissa Cole-Probation Officer, Elmo Remmick-Public Defender, L.D. Park -Veterans Mentor/Coordinator, Becky Patterson-Case Manager, Jennifer Walker –Treatment Provider, Matt Garrison-Monroe County Sheriff's Office, and Patricia Gavel-Director. The team's main focus is to promptly identify veterans that can be served through the TAC Veterans Court as well as to develop a working partnership with the Veterans Justice Outreach Program and the Veterans Health Administration. Many of those men and women who are currently incarcerated due to drug or alcohol charges may not have gained access to the help they needed upon their return home from military service. Some of them are suffering from Post Traumatic Stress Disorder (PTSD) while others are still dealing with the aftermath of Military Sexual Assault or Traumatic Brain Injury (TBI). As stated by Joyce Barrow a former Marine and Project Director for the Veterans Treatment Court Planning Initiative under the Justice for Vets "They are simply looking for a hand up, not a hand out." It is our hope as a Veterans Treatment Court that we can provide these men and women with the tools, treatment and support that they need to live a more productive civilian life. A life they deserve.

Becky Patterson, Case Manager

# Families in Recovery

The disease of addiction affects the entire family system. As a family disease, those who have been affected by addiction may take years to recover, as they rebuild and stabilize their lives. Without question, it can seem overwhelming, and the commitment to the recovery process is also a commitment to the overall well-being of the whole family.

The Towaliga Drug Court recognizes the importance of engaging the family in the recovery process, and showed their appreciation for the families support by hosting a 'Graduate Family Celebration' on April 28, 2015, for the upcoming program graduates. This was a very successful event, which provided family members the opportunity to engage and meet the drug court staff, receive resources of support for aftercare, and ask any questions that they may have as they continue this journey of recovery with their family member. The next Graduate Family Celebration is July 16th.

Dawn Tyus, Counselor

# Georgia Council of Court Administrators



The Georgia Council of Court Administrators met at Brasstown, Georgia for their Spring Training. Patricia Gavel, Executive Director, of the Towaliga Accountability Court /Towaliga CASA Programs was presented her Certificate of Court Administration. She was recognized having satisfactorily completed the requisite Core Competencies as prescribed by the National Association for Court Management, NACM.

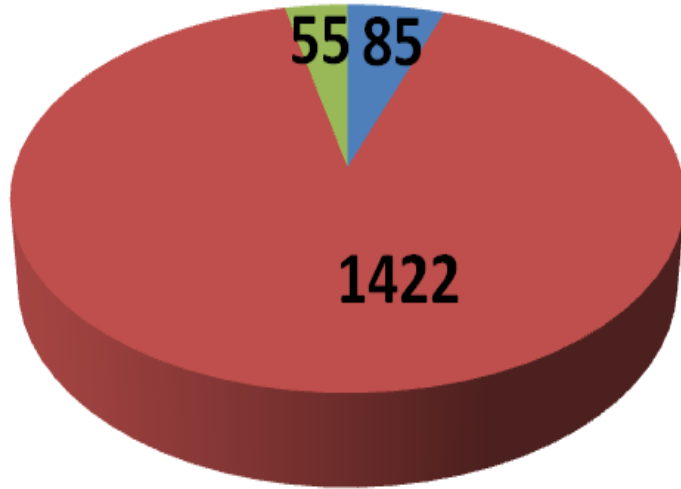
She is currently enrolled in **Michigan State University's** Judicial Administration Program where she hopes to earn her National Judicial Administration Certification. She is also working on her Certified Alcohol and Drug Counselor (CAC II) licensure.

## **CBS Airs Riveting Veterans Treatment Court Story** *“Giving an Iraq Vet a Fighting Chance”*

Over the weekend CBS Sunday Morning aired a gripping piece on how Veterans Treatment Courts are “Giving veterans a fighting chance.” The segment told the story of Staff Sgt. Tommy Rieman, a silver star recipient who was hailed as a war hero while quietly struggling with PTSD and alcoholism. "I was a changed person," he said. "I was full of hatred. I didn't want to communicate. I became the man I never wanted to be." Following a suicide attempt, Rieman entered Veterans Treatment Court in Harnett County, North Carolina. CBS took viewers inside the courtroom to show how the program saved his life. "I've got my life back in order," he said, "and I have a job. I have a home. I'm seeing my kids every weekend. I'm sober—that's the greatest thing. I feel like I'm living again. For years, I didn't know what that was like."

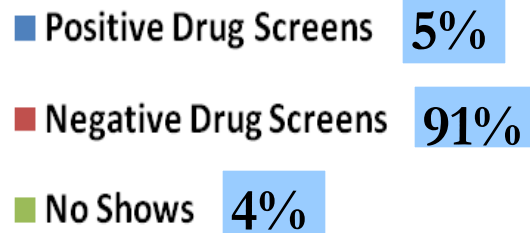
The story also featured Justice For Vets Senior Director Melissa Fitzgerald, who discussed the evolution of Veterans Treatment Court, saying, "I don't believe men and women like Tommy Rieman belong behind bars. I believe that the men and women like Tommy Rieman deserve an opportunity for treatment and for restoration."

## TAC Drug Testing January 1-June 31, 2015



### Specialty Drug Testing

Bath Salts, K2/Spice, Fentanyl,  
GHB, Kratom, Ketamine, Steriod



**Participants: 38**

9 Panel Drug Screens: 1562

Amphetamines

Benzodiazepine

6-AM

Cannabinoids

Cocaine

ETG/Alcohol

Opiates

Oxycodone

Creatinine

**TOTAL SCREENS: 14,058**

## Transportation Grant In the Works

The Towaliga Accountability Courts (TAC) has received a Transportation Grant from the State of Georgia in the amount of \$28,500. TAC will partner with AD Smith Community Services to provide transportation for Lamar, Butts, and Monroe County TAC participants and others ordered by the court to access substance abuse groups, active parenting, anger management classes, and appointments for treatment or case management. We will also be able to transport to health or dental appointments, VA services, and even job interviews. AD Smith Community Services will provide a van designated for anyone receiving TAC services. As we expand our services 9am-5pm hours, transportation will be very beneficial to our growth. Transportation and housing are the top two barriers for our participants.

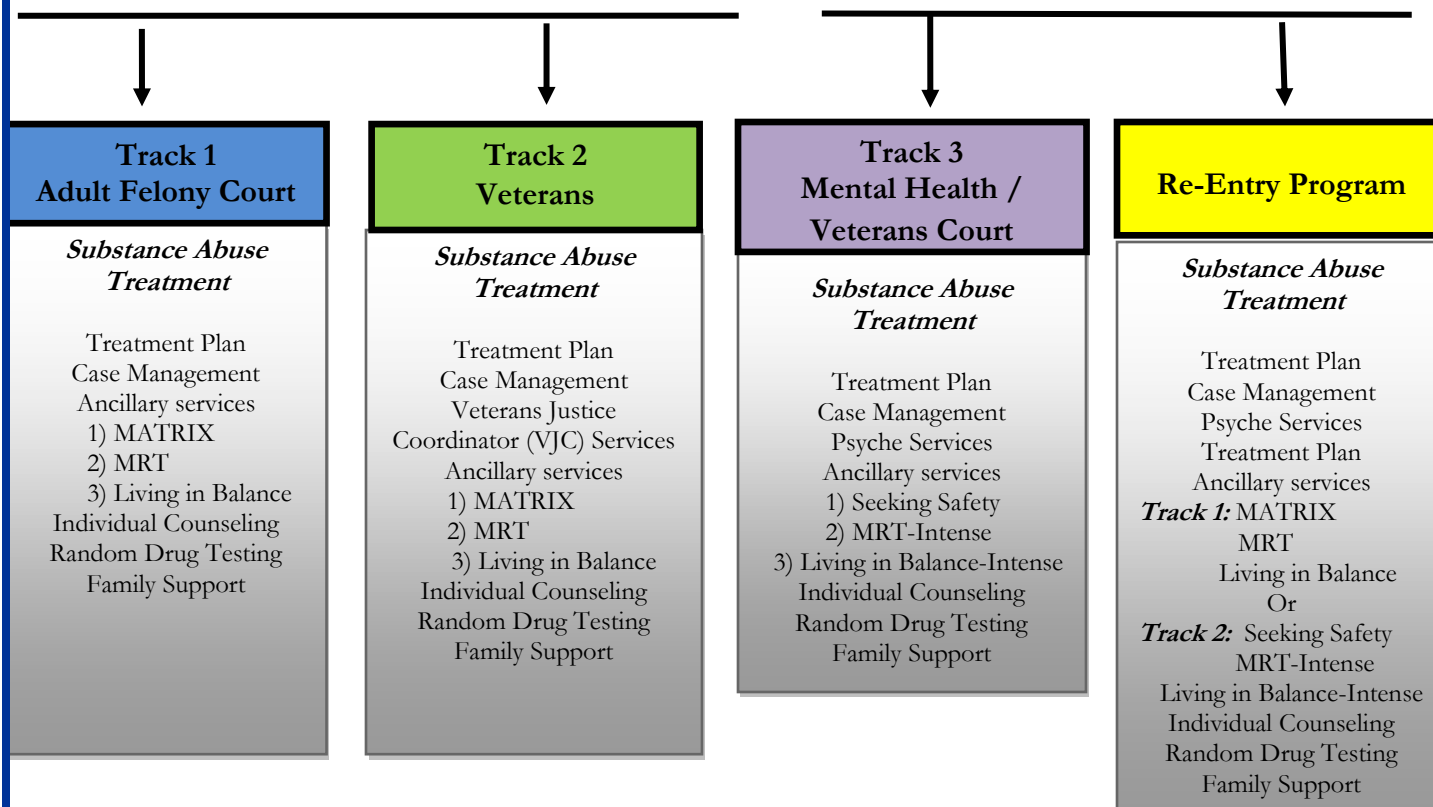
# TOWALIGA ACCOUNTABILITY COURT RECEIVES GRANT AWARD FOR FY16

Towaliga Accountability Court received an award for fiscal year 2016 in the amount of \$177,145. The grant is allocated for program counselors teaching substance abuse recovery, anger management, active parenting, family focus groups, random drug testing, and some administrative salaries. The TAC program receives an approved budget from Butts, Lamar, and Monroe each year and applies for a state grant for supplemental funding.

TAC has expanded service hours, 9am-8pm, for those who are court ordered, working a DFCS case plan, or court ordered to accountability court. Services include drug testing monitoring, anger management, active parenting, substance abuse treatment and relapse prevention groups.

## New Drug Treatment Map

**Program Entry: Psychosocial Assessment, LSR-I, TCUDSII, and Correctional Mental Health Screening tools.**



**Ancillary services but not limited to:** case management, access to medication, integrated dual disorder treatment (IDDT), benefits, primary health care, housing, probation or parole, education, housing, employment, family support, peer support, transportation.

Towaliga Accountability Court  
 130 Library Street ~ Barnesville, GA 30204  
 OFFICE 770-358-5029 / DRUG SCREEN LINE 770-358-5098



**(MONEY ORDERS ONLY) (BUS SCHEDULE TO BE CONFIRMED)**

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Bus times: Lamar, Butts, Monroe, to Lamar</b>  <b>8:00AM – 10:00AM</b></p> <p>10am -12pm <b>Phase 1</b>  <b>*Substance Abuse Matrix</b>            Jessie Arp</p>	<p><b>Bus times: Lamar, Butts, Monroe, to Lamar</b>  <b>8:00AM – 10:00AM</b></p> <p>10am-12pm <b>\$25.00</b>  <b>*Anger Management</b>            Jessie Arp  <b>(8 Sessions)</b></p>	<p><b>Bus times: Lamar, Butts, Monroe, to Lamar</b>  <b>8:00AM – 10:00AM</b></p> <p>10am -12pm <b>Phase 1</b>  <b>*Substance Abuse Matrix</b>            Jessie Arp</p>	
	<p>1:30pm -3pm <b>Phase 1</b>  <b>*Orientation</b>            Jennifer Walker</p> <p><b>Bus times:</b>  <b>3:00PM – 5:00PM</b>  <b>Lamar, Butts, Monroe, to Lamar</b></p>	<p>1pm -3pm <b>\$25.00</b>  <b>*Parenting</b>            Jessie Arp  <b>(6 Sessions)</b></p> <p><b>Bus times:</b>  <b>3:00PM – 5:00PM</b>  <b>Lamar, Butts, Monroe, to Lamar</b></p>	<p>1:30pm -3pm <b>Phase 1</b>  <b>*Orientation</b>            Jennifer Walker</p> <p><b>Bus times:</b>  <b>3:00PM – 5:00PM</b>  <b>Lamar, Butts, Monroe, to Lamar</b></p>	<p><b>RANDOM Drug Testing</b></p> <p><b>\$25.00 per Drug Test</b></p>
<p>3:30pm -5pm  <i>1<sup>st</sup> MONDAY of Each Month</i>  <b>*Help to Heal Families</b>            Jennifer Walker            Jessie Arp</p>		<p>3:00pm-5pm <b>\$25.00</b>  <b>*Anger Management</b>            Jessie Arp  <b>(8 Sessions)</b></p> <p>3pm -4:30pm <b>\$25.00</b>  <b>*Parenting</b>            Becky Patterson  <b>(6 Sessions)</b></p>		<p><i>Monday-Friday</i>  <b>2:00PM-6:00PM</b></p> <p><i>Saturday-Sunday</i>  <b>4:00PM-6:00PM</b></p>
<p>6pm -8pm  <b>Phase 2</b>  <b>* MRT</b>            Jennifer Walker</p> <p>6pm -8pm  <b>*Transition</b>            Jessie Arp</p> <p>6pm -8pm  <b>*Relapse Prevention</b>            Chris Morgan</p>	<p>6pm -8pm <b>Phase 1</b>  <b>*Substance abuse Matrix</b>            Chris Morgan</p> <p>6pm -8pm <b>Phase 1</b>  <b>*Seeking Safety</b>            Jennifer Walker</p> <p>6pm -8pm <b>Phase 3</b>  <b>*Living in Balance</b>            Jessie Arp Adult Felony            Joe Sweeney MH /Veterans</p>	<p>6pm -8pm <b>Phase 2</b>  <b>*MRT</b>            Jennifer Walker</p> <p>6pm -7:30pm <b>\$25.00</b>  <b>*Parenting</b>            Jessie Arp  <b>(6 Sessions)</b></p>	<p>6pm -8pm <b>Phase 1</b>  <b>*Substance Abuse Matrix</b>            Chris Morgan</p> <p>6pm -8pm <b>Phase 1</b>  <b>*Seeking Safety</b>            Jennifer Walker</p>	

<b>SUBSTANCE ABUSE GROUP</b>	<p>Substance Abuse Group therapy offers positive peer support; coping skills; a substitute family that may be healthier than a client's family of origin; structure and discipline often absent in the lives of people abusing substances; and finally, the hope, support, and encouragement necessary to break free from substance abuse. Matrix and Moral Reconciliation Therapy are evidence-based curriculums taught in our group therapy setting. Matrix covers Individual/Conjoint, Early Recovery Skills, and Relapse Prevention. Moral Reconciliation Therapy (MRT) is a systematic, cognitive-behavioral, step-by-step treatment strategy designed to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning.</p> <p><b>Duration: 12 weeks.</b></p> <p><b>Classes on Tuesday &amp; Thursday 10:00am-12:00pm</b> <b>Cost \$50.00 weekly</b></p>
<b>HEALTHY BOUNDARIES GROUP</b>	<p>Establishing healthy boundaries in relationships is the starting point to becoming self-dependent. Identifying thoughts, emotions and actions that lead to low self-esteem. Building physical, emotional, spiritual and intellectual boundaries will help maintain healthy relationships.</p> <p><b>Duration: 12 weeks.</b></p> <p><b>Classes on 10:00am-12:00pm</b> <b>Cost \$25.00 weekly</b></p>
<b>ACTIVE PARENTING</b>	<p>Active Parenting Now training material is designed to teach individuals a method of parenting and problem solving that will help them prepare their children to courageously meet the challenges life will pose. And it will help build relationships that bring joy and satisfaction for a lifetime.</p> <p><b>Duration: 6 weeks.</b></p> <p><b>Classes on Wednesday 1:00pm-2:30pm / 3:00pm-4:30pm / 6pm-7:30pm</b> <b>Cost \$25.00 weekly</b></p>
<b>SMOKING CESSATION GROUP</b>	<p>Group support to help individuals quit cigarette smoking, including reasons to quit, steps to quit, tips on handling cravings, medications that can help, and what to do if you slip.</p> <p><b>Duration: 6 weeks.</b></p> <p><b>Classes on Tuesday 3:30pm-5:00pm</b> <b>Cost FREE</b></p>
<b>LIFE SKILLS</b>	<p>Life Skills, precisely defined, means problem-solving behaviors appropriately and responsibly used in the management of personal affairs. As problem-solving behaviors, life skills liberate in a way, since they include a relatively small class of behaviors usable in many life situations. Appropriate use requires an individual to adapt the behaviors to time and place. Responsible use requires maturity, or accountability. And as behaviors used in the management of personal affairs, the life skills apply to five areas of life responsibility identified as self, family, leisure, community and job. <b>Duration: 17 weeks.</b></p> <p><b>Classes on Monday 6:00pm-8:00pm</b> <b>Cost \$25.00 weekly</b></p>
<b>ANGER MANAGEMENT GROUP</b>	<p>SAMHSA approved anger management group treatment curriculum designed for substance abuse and mental health clients. It provides individuals participating in the anger management group treatment with a summary of core concepts that will help individuals develop the skills that are necessary to successfully manage anger.</p> <p><b>Duration: 8 weeks.</b></p> <p><b>Classes on Wednesday 10:00am-12:00pm / 3:00pm-5:00pm</b> <b>Cost \$25.00 weekly</b></p>
<b>HELP 2 HEAL FAMILIES</b>	<p>This workshop is an intensive program designed to provide education, support and therapy to adults and adolescents ages 14 and older. The staff believes that those who have been in relationships with alcohol- and drug - addicted individuals experience their own struggles and pain. If the family is to survive and grow, it is critical that the individual members begin their own recovery process.</p> <p><b>Classes on 1<sup>st</sup> Monday of Each Month 3:30pm-5:00pm</b> <b>Cost FREE</b></p>

## Partners



101 Commerce Plaza, Suite 3  
Barnesville, GA 30204  
770-358-5269  
770-872-3730 Fax

### **Hours of Operation**

Monday – Friday 8am to  
5pm EST

### **Lamar County Counseling Center and Peer Center**

133 Forsyth Street, Suite 3  
Barnesville, Georgia 30204  
770.358.8369



Care Connection 770.358.5252  
Grievance Hot Line 770.358.8466

### **Georgia Crisis & Access Line 1.800.715.4225**

### Mobile Crisis Services

The **Mobile Crisis Team (MCT)** is a short-term crisis intervention service, provided in the community for those adults, children and adolescents undergoing an acute crisis that presents a risk of imminent harm to self or others.

Available 24 hours/ 7 days per week

Provides alternatives to emergency room care and/or law enforcement involvement. Offers alternative to institutional placement or state hospital admission. Operates out of centrally located call center.

**Call 1-877-566-5470**

### **Community Based Outpatient Clinic for Veterans:**

Macon CBOC  
5398 Thomaston Rd., Ste. B  
Macon, GA 31220  
(478) 476-8868

Stockbridge CBOC  
175 Medical Blvd.  
Stockbridge, GA 30281  
(404) 329-2222



**Veterans Crisis Line– 1-800-273-8255 (Press 1)**

## Advisory Board

Hon. William A. Fears  
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Towaliga Judicial Circuit  
Superior Court

Hon. Sharon Sullivan  
Butts County Courthouse  
Juvenile Court

Ms., Debra Adamson  
Board Member

Ms. Nancy Thrash  
County Commissioner

Mayor Peter Banks  
City of Barnesville

Mr. Doug Smith, JD  
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Rev. Garth Forster  
Pastor- First Baptist Church

Rev. Craig Ogletree  
Pastor-Spring Hill Baptist Church

Mr Clifford Barber  
Board Member